



# Falls from Heavy Equipment

*Workers who operate, maintain, or work on heavy equipment are at risk of falling.*

## **Brent's Story**

Brent was using a backhoe attached to a large tractor to dig a trench on a construction site. The steps to the tractor seat were covered in mud. Brent slipped on the steps, fell when climbing down from the tractor, and broke his leg.

- **How could this incident have been prevented?**
- **Have you ever known anyone that fell off a piece of heavy equipment? What happened?**

## **Remember This**

- Keep steps and walking surfaces clear of mud, snow, grease, and fluids to prevent slips and falls when climbing on or off equipment.
- Use hand and step holds — keep one foot and two hands, or both feet and one hand, in contact with the equipment at all times.
- Do not try to jump off the equipment.
- Avoid carrying materials or tools when climbing on or off equipment.
- Wear appropriate footwear.

## **How can we stay safe today?**

What will we do at the worksite to prevent falls from heavy equipment?

1. \_\_\_\_\_  
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2. \_\_\_\_\_  
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OSHA Regulation: 1926.1053

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